

Your Heart Values – Sample List

this is NOT an exhaustive list, just samples to get you started. Add as needed:

Authenticity	Freedom	Optimism
Achievement	Friendships	Peace
Adventure	Fun	Pleasure
Authority	Happiness	Popularity
Balance	Honesty	Recognition
Beauty	Humility	Religion
Boldness	Humor	Reputation
Compassion	Influence	Respect
Challenge	Inner Harmony	Responsibility
Commitment	Integrity	Security
Community	Justice	Self-Respect
Competency	Kindness	Service
Contribution	Knowledge	Spirituality
Creativity	Leadership	Stability
Curiosity	Learning	Success
Determination	Love	Status
Fairness	Loyalty	Trustworthiness
Faith	Meaningful Work	Wealth
Fame	Openness	Wisdom

Your Heart Values

What are your 8-10 Core Values? in which order?

No	Value	Ranking							
1		1	1	1	1	1	1	1	
		2	3	4	5	6	7	8	
2		2	2	2	2	2	2		
		3	4	5	6	7	8		
3		3	3	3	3	3			
		4	5	6	7	8			
4		4	4	4	4				
		5	6	7	8				
5		5	5	5					
		6	7	8					
6		6	6						
		7	8						
7		7							
		8							
8									